



Specialist Care Units for People with Dementia in Ireland: A Guide for Family Caregivers and Health Service Professionals.



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Introduction

People with dementia have unique and complex needs, and for many family caregivers, despite their best efforts to provide home care to relatives with dementia for as long as possible, a time will come when decisions need to be made about long-term residential care. Specialist Care Units are one such model of long-term residential care designed for people with dementia. They are domestic purpose-built units, established to provide specialist long-term care to small groups of people with dementia who wish to live in a homely, personalised and safe environment. Specialist Care Units are currently a rare feature in the Irish long-term care landscape where the more traditional model of nursing home care continues to prevail. Nonetheless, more Specialist Care Units are currently being built around the country.

These units employ professionally trained staff, nurses, care attendants, household and support staff skilled in understanding some of the challenges and dilemmas that having a dementia poses to the individual and who are knowledgeable in helping residents cope with behaviours that might otherwise be considered as challenging. Specialist Care Units emphasise the importance of psychosocial stimulation and meaningful activities for improved quality of life. They demonstrate an awareness that people with dementia can become easily frightened and can get lost even in familiar surroundings. Accordingly, the design reflects an unobtrusive concern for safety and security, and where possible they use signage and cueing to help their residents negotiate the environment.

These Specialist Care Units usually have single rooms large enough to accommodate personal belongings. To avoid further confusion, different rooms within the facility are used for different functions; for example the activity room is only ever used for activities and not for dining purposes or Mass on Sunday. As access to outdoor areas is very important for people with dementia, multi-sensory gardens are also a feature of Specialist Care Units. Stated simply, these units are usually a home away from home, designed to build on the strengths and retained abilities of people with dementia.



“ Home is a place in which the day to day routines of human existence are performed ”
Depuis & Thorns, 1998

Models of Long Term Care for People with Dementia internationally and in Ireland

Many overseas countries including Australia, Canada, France, Norway, Sweden, and the Netherlands have compared with Ireland, longer histories of providing this model of specialist dementia care to their older people in need of long term residential care. In some of these countries, government policies dictate that a set proportion of all long-stay residential care units must be small scale and dementia specific. In the Netherlands for example, approximately 25% of all long-stay care is small-scale dementia specific, and Government policy in the Netherlands is now committed to increasing this proportion to 33% by 2015, (Verbeek, 2011). Referred to as small-scale living facilities, these units accommodate between six to eight residents who live alongside each other and are cared for by trained nursing staff who form part of the household. Staff encourage residents to participate in meaningful activities and within the facility, ordinary domestic chores are considered as important as therapeutic

activities. Some positive effects from this model of care, on quality of life have been convincingly demonstrated by a large number of studies (Day, Carreon & Stump, 2000; Doody et al., 2001; Lai et al., 2009; Sloane et al., 2005).

In Ireland, recent research has also reported some positive effects of Specialist Care Units on the well being of their residents (Bobersky, 2013). A small-scale study has shown benefits for the individual both in the short and long term by virtue of their being admitted to such facilities. Benefits noted include improved mood, better eating habits with significant weight gain, new friendships formed, increased levels of physical activity and alertness and for some, rekindled interest in former activities and hobbies. Despite these findings, until recently no information was available in Ireland on the numbers and location of this model of dementia care.

“ Home is where people feel in control of their lives because they feel free of the surveillance that characterizes life elsewhere”

Padgett, 2007



A Survey of Irish Nursing Homes

During Autumn 2013, the Dementia Services Information and Development Centre undertook a survey of all 602 Irish Nursing Homes, to ascertain which of these facilities had Specialist Care Units and to find out about their location, size, admission, discharge policies and provider type. This study has shown that across the country, there are a total of 54 of these facilities currently operating, a figure which represents 12% of all long term care facilities. Findings have shown much diversity and inequities regarding the location, size, and ethos of such units. The majority of these units are located in rural and town areas and not in cities (*see map, page 19*).

The average number of residents with dementia living in these units is estimated to be 19. In Ireland, private providers operate the majority of these units.

The purpose of this booklet is to provide details of where these Specialist Care Units are located, and to outline who the key contact person is at such facilities. We hope the information compiled will be of assistance to you when in search of this type of accommodation for your relative. For ease of reading we have listed the facilities in relation to the counties where they are located, and wherever possible we have attempted to provide a website to help you in your search.

SPECIALIST CARE UNITS IN IRELAND BY COUNTY AND PROVIDER TYPE

Private Specialist Care Units by County

DUBLIN

DUBLIN NORTH

Hamilton Park Care Facility: Nightingale Suite

Balrothery,
Balbriggan,
Co. Dublin

☎ 01 690 3190

@ info@hamiltonpark.ie

🌐 www.hamiltonpark.ie

Person in Charge: Deborah Lynch

Highfield Healthcare

Alzheimer Care Centre,
Swords Road,
Whitehall,
Dublin 9

☎ 01 8374444

@ info@highfieldhealthcare.ie

🌐 www.highfieldhealthcare.ie

Person in Charge:

Newpark Care Centre

The Ward,
Co. Dublin

☎ 01 864 3465

📄 01 864 3472

@ info@newparkcc.ie

🌐 www.newparkcarecentre.com

Person in Charge: Rita Gallagher

DUBLIN SOUTH WEST

Kiltipper Woods Care Centre

Kiltipper Road
Dublin 24

☎ 01 462 5277

📄 01 462 6652

@ info@kiltipperwoods.ie

🌐 www.kiltipperwoods.ie

Person in Charge:

LOUTH

Moorehall Lodge

Moorehall Living,
Hale Street,
Ardee,
Co. Louth

☎ 041 685 6990

☎ **Lo Call:** 1890 33 55 33

@ info@moorehallliving.ie

🌐 www.moorehallliving.ie

Person in Charge: Michael McCoy

LONGFORD/ WESTMEATH

LONGFORD

Laurel Lodge Nursing Home

Templemichael Glebe
Longford
Co. Longford

☎ 043 334 8033

@ laurellodgelongford@eircom.net

🌐 www.laurellodgenursinghome.ie

Person in Charge: Guy Walton

MEATH

Gormanstown Wood Nursing Home

Gormanstown,
Co. Meath

☎ 01 841 4566

@ gormanstonwood@guardianhealthcare.ie

🌐 www.guardianhealthcare.ie

Person in Charge: Eimear Hickey

Knightsbridge Nursing Home and Retirement Village

Longwood Road,
Trim,
Co. Meath

☎ 046 948 2700

@ care@barchester.ie

🌐 www.barchester.ie

Person in Charge: Gillian Mc Donald

Moorehall Lodge

Drogheda,
Dublin Road,
Co. Louth

☎ 041 981 8400

@ sean@moorehalllodge.ie

🌐 www.moorehalllodge.ie

Person in Charge: Brigid Lynch

WEXFORD

Kerlogue Nursing Home

Wexford

☎ 053 917 0400

📄 053 917 0499

@ info@kerloguenursinghome.com

🌐 www.kerloguenursinghome.com

Person in Charge: Mairéad O'Sullivan

CLARE

Carrigoran House

Newmarket on Fergus,
Clare

☎ 061 368 100

@ info@carrigoranhouse.ie

🌐 www.carrigoranhouse.ie

Person in Charge: Frances Neilan

CORK

CORK SOUTH

Beaumont Residential Care

Woodvale Road,
Beaumont,
Cork

☎ 021 429 2195

@ admin@brccork.com

🌐 www.brccork.com

Person in Charge: Bronagh Craig

Glendonagh Residential Home

Dungourney
Midleton
Co. Cork

☎ 021 4668327

@ info@glendonaghnursinghome.ie

🌐 www.glendonaghnursinghome.ie

Person in Charge: Anju Menon

Padre Pio Nursing and Convalescent Home

Sunnyside,
Upper Rochestown,
Cork

☎ 021 484 1595

@ padrepiorochestown@eircom.net

Person in Charge: Eileen Mc Carthy

CORK NORTH

Abbeylands Nursing Home

Carhoo,
Kildorrey,
Co. Cork

☎ 022 25090

@ info@abbeylandsnursinghome.com

🌐 www.abbeylandsnursinghome.com

Person in Charge: Joys George

Araglen House

Loumanagh,
Boherbue,
Mallow,
Co. Cork

☎ 029 76771

@ araglenhouse@gmail.com

Person in Charge: Norah Naughton

Bridhaven Nursing Home

Spa Glen,
Mallow,
Co. Cork

☎ 022 22205

@ info@bridhaven.ie

🌐 www.bridhaven.ie

Person in Charge: Anita Turner

Brookfield Care Centre

Leamlara,
Carrigtwohill,
Co. Cork

☎ 021 464 2112

@ brookfieldcc@eircom.net

🌐 www.brookfieldcc.ie

Person in Charge: Clodagh Drennan

Oaklodge Nursing Home

Churchtown South,
Cloyne,
Co. Cork

☎ 021 464 6080

@ info@oaklodgenursinghome.ie

🌐 www.oaklodgenursinghome.ie

Person in Charge: Una Cronin

SOUTH LEE

Ballincollig Community Nursing Hospital

Aonad Altranais Pobail Bhaile
A Chollaigh
Murphy's Barracks Road
Ballincollig
Co Cork

☎ 021 462 0600

Person in Charge: Ms Kay O' Mahoney

CORK WEST

Fairfield Nursing Home

Quarry Road,
Drimoleague,
Co. Cork

☎ 028 31881

@ fairfielddrimoleague@eircom.net

Person in Charge: Ms Maeve Daly

LIMERICK

Abbot Close Nursing Home

Askeaton,
Co. Limerick

☎ 061 601 888

@ denis@abbotclose.ie

🌐 www.retirementservices.ie/abbotclose.html

Person in Charge: Denis Mc Elligott

TIPPERARY

Ashlawn House

Limerick Road,
Nenagh,
Co. Tipperary

☎ 067 31433

@ info@ashlawnnursinghome.com

🌐 www.ashlawnnursinghome.com

Person in Charge: Arlene Curtin

ULSTER

CAVAN/MONAGHAN

Castlemanor Nursing Home

Billis,
Drumalee,
Co. Cavan

☎ 049 4327100

@ info@castlemanor.ie

🌐 www.castlemanor.ie

Person in Charge: Mary Wright

Castleross Nursing and Convalescent Centre

Castleross,
Carrickmacross,
Co. Monaghan

☎ 042 9692630

@ info@castleross.ie

🌐 www.castleross.ie

Person in Charge: Sheila O' Donoghue

Esker Lodge Nursing Home

Esker Place,
Cathedral Road,
Co. Cavan

☎ 049 4375090

@ info@eskerlodgenursinghome.ie

Person in Charge: Binimole Santhosh

DONEGAL

Aras Mhic Shuibhne

Mullinasole,
Laghhey,
Co. Donegal

☎ 074 9734810

@ arasmhicshuibhne@eircom.net

🌐 www.drumhill.ie

Person in Charge: Jennifer Glenn

Brentwood Manor Private Nursing Home

Letterkenny Road,
Convey,
Co. Donegal

☎ 074 9147700

@ brentwoodmanor@brindleyhealthcare.ie

🌐 www.brindleymanor.net

Person in Charge: Patricia Mosgrove

CONNACHT GALWAY

Castleturvin Nursing Home

Athenry,
Co. Galway

☎ 091 850 800

@ carmel@castleturvin.ie

🌐 www.castleturvin.ie

Person in Charge: Carmel Killeen

Central Park Nursing Home

Memory Lane,
Clonberne,
Ballinasloe,
Co. Galway

☎ 093 45 231

@ maguire667@hotmail.com

🌐 www.centralparknursing.ie

Person in Charge: Stella Grogan

Coral Haven Nursing Home

Headford Road,
Galway

☎ 091 762800

@ info@coralhavengalway.com

🌐 www.coralhavengalway.com

Person in Charge: Siobhan Finnerty

Corrandulla Nursing Home

Corrandulla,
Co. Galway

☎ 091 791540

@ aishlinghayden@hotmail.com

Person in Charge: Michael Hayden

MAYO

Blackrock's Nursing Home

Foxford,
Co. Mayo

☎ 094 925 7555

@ blackrocknursinghome@eircom.net

Person in Charge: Anne Maloney

ROSCOMMON

Abbey Haven Care Centre

Carrick Road,
Boyle,
Co. Roscommon

☎ 071 967 0111

@ accounts@abbeyhaven.ie

Person in Charge: Breege Mulryan

Cloverhill Nursing Home- Sonas Care Centre

Lisagallan,
Cloverhill,
Co. Roscommon

☎ 0906 628 882

@ cloverhillcc@sonas.ie

🌐 www.sonas.ie

Person in Charge: John Mangan

Public Specialist Care Units by County

DUBLIN

DUBLIN SOUTH CITY

Cherry Orchard Hospital: Beech Unit

Ballyfermot,
Dublin 10

☎ 01 6206000

@ Fiona.cleary1@hse.ie

🌐 www.hse.ie

Person in Charge: Fiona Cleary

KILDARE

St. Vincent's Hospital

Woodstock,
Athy,
Co. Kildare

☎ 059 864 3000

@ Helen.dreelan@hse.ie

🌐 www.hse.ie

Person in Charge: Helen Dreelan

LAOIS

St. Brigid's Hospital

Shaen,
Portlaoise,
Co. Laois

☎ 057 864 6717

@ Mary.Ferns@hse.ie

🌐 www.hse.ie

Person in Charge: Mary Ferns

LOUTH

Boyne View House

Dublin Road,
Drogheda,
Co. Louth

☎ 041 983 7495

@ seamus.mccaul@hse.ie

🌐 www.hse.ie

Person in Charge: Seamus Mc Caul

St Oliver Plunkett Hospital

Dublin Road,
Dundalk,
Co. Louth

☎ 042 933 4488

@ Kay.OKeeffee@hse.ie

🌐 www.hse.ie

Person in Charge: Kay O' Keefe

ULSTER

CAVAN/MONAGHAN

Sullivan Care Centre

Cathedral Road,
Cavan

☎ 049 432 6000

@ Pauline.townsend@hse.ie

🌐 www.hse.ie

Person in Charge: Pauline Townsend

St Mary's Hospital

Castleblaney,
Co. Monaghan

☎ 042 979 5080

@ Margaret.McNally@hse.ie

🌐 www.hse.ie

Person in Charge: Margaret Mc Nally

DONEGAL

Carndonagh Community Hospital: Ard Aoibhinn

Convent Road,
Carndonagh,
Co. Donegal

☎ 074 937 4164

@ Maura.gillen@hse.ie

🌐 www.hse.ie

Person in Charge: Maura Gillen

St. Josephs Community Hospital

Stranorlar,
Co. Donegal

☎ 074 913 1038

@ Cathy.thatcher@hse.ie

🌐 www.hse.ie

Person in Charge: Cathy Thatcher

MUNSTER CLARE

St Josephs Community Hospital: The Holly Unit

Lifford Road,
Ennis,
Co. Clare

☎ 065 684 0666

@ maeve.oconnor@hse.ie

🌐 www.hse.ie

Person in Charge: Maeve O' Connor

CORK CORK WEST

Clonakilty Community Hospital and Long Stay Unit

Clonakilty,
Co. Cork

☎ 023 883 3205

@ carol.mccann@hse.ie

🌐 www.hse.ie

Person in Charge: Carol Mc Cann

CORK NORTH

Unit 1 St Stephen's Hospital

Sarsfield Court,
Glanmire,
Co. Cork

☎ 021 482 1411

@ Clare.griffin@hse.ie

🌐 www.hse.ie

Person in Charge: Clare Griffin

KERRY

St. Columbanus Home & Killarney Community Hospital

St. Margaret's Road,
Killarney,
Co. Kerry

☎ 064 663 1018

@ KillarneyHospitals@hse.ie

🌐 www.hse.ie

Person in Charge: Ber M Power

WATERFORD

St Joseph's Hospital & Dungarvan District Hospital (St. Vincent's)

Dungarvan Community Hospital
Donavan
Co. Waterford

☎ 058 20900

@ barbara.murphy@hse.ie

🌐 www.hse.ie

Person in Charge: Ms Paula French

CONNACHT GALWAY

St Brendan's Community Nursing Unit

Lake Road,
Loughrea,
Co. Galway

☎ 091 871 200

@ Bernie.austin@hse.ie

🌐 www.hse.ie

Person in Charge: Bernie Austin

LEITRIM

St Patricks Hospital

Summerhill,
Carrick on Shannon
Co. Leitrim

☎ 071 962 0011

@ Anthony.wadd@hse.ie

🌐 www.hse.ie

Person in Charge: Anthony Wadd

Voluntary Specialist Care Units by County

DUBLIN

DUBLIN SOUTH

Leopardstown Park Hospital

Foxrock,
Dublin 18

☎ 01 2160522

@ info@iph.ie

🌐 www.lph.ie

Person in Charge: Elaine Flanagan

Dublin South East

St Josephs Centre
Cricken Lane,
Shankill,
Co. Dublin

☎ 01 2823000

@ stjosephs@sjog.ie

🌐 www.hse.ie

Person in Charge: Brid O' Meara

MUNSTER

CORK

CORK SOUTH

St Luke's Home

Castle Road,
Mahon,
Co. Cork

☎ 021 4359444

@ info@stlukeshome.ie

🌐 www.stlukeshome.ie

Person in Charge: Lora Kingston

ULSTER

DONEGAL

Áras Ghaoth Dobhair

Meenanillar
Derrybeg
Co. Donegal

☎ 074 9560624

@ gcoyle@arasgaothdobhair.ie

Person in Charge: Geraldine Coyle

Please note, this booklet is solely for information purposes. The Specialist Care Units listed here have been self-identified by the respective service providers. The Dementia Services Information and Development Centre takes no responsibility for the quality of care and standards of practice provided in the listed Specialist Care Units.

Please also note that the information provided in this booklet was up to date in January 2014, but like all information it may change over time. For example, based on our survey 57 more Specialist Care Units will be built in the foreseeable future

References

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Useful websites

www.alzheimer.ie
www.alzheimercafe.ie
www.dementia.ie

www.hse.ie
www.livingwithdementia.ie
www.nhi.ie

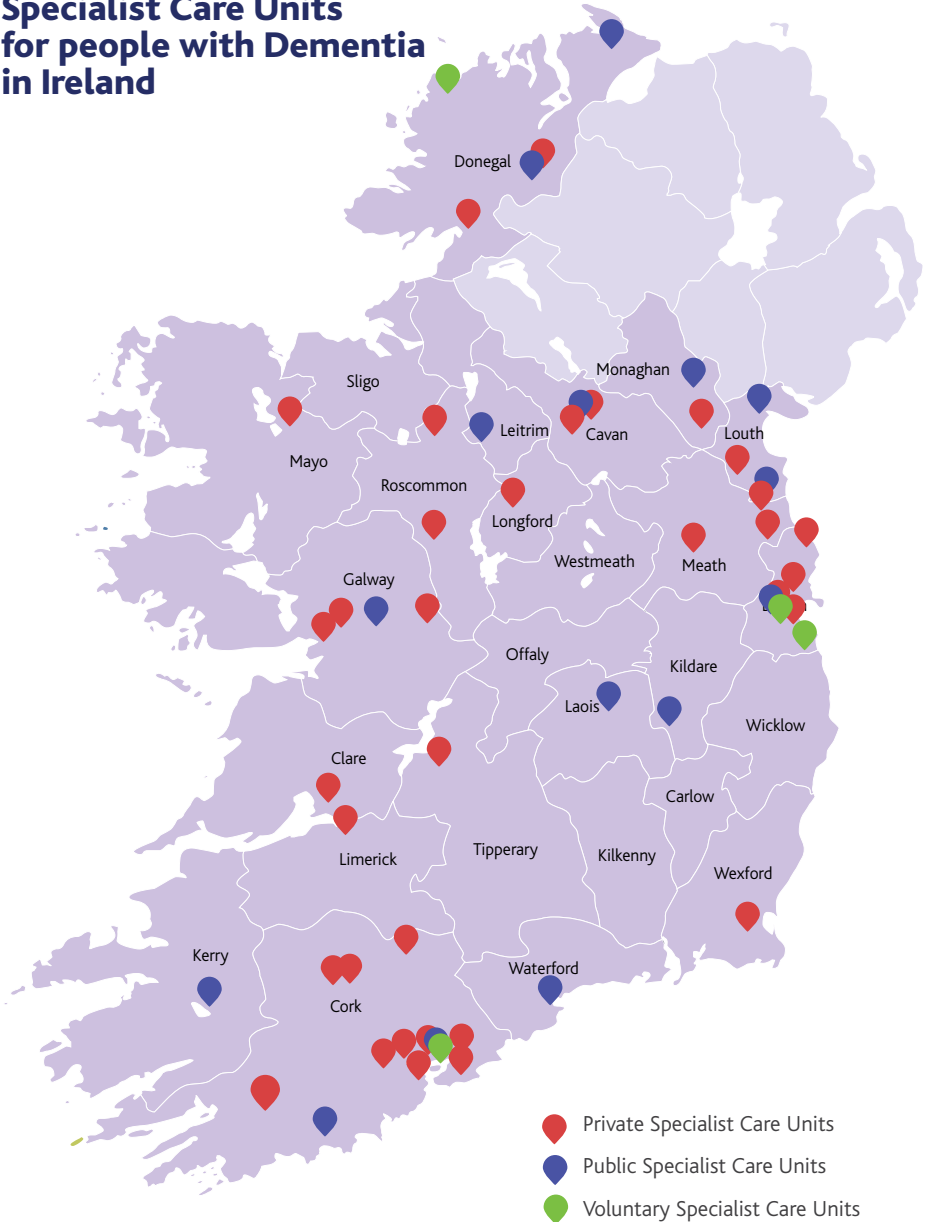
Other publications available through www.dementia.ie

- Future Dementia Care in Ireland: *Sharing the Evidence to Mobilise Action*
- Creating Excellence in Dementia Care: *a research review for Ireland's national dementia strategy*
- Life for Caregivers after Placing a Relative with Dementia in a Nursing Home: *A Guide for Family Caregivers and Nursing Home Staff*
- Cognitive Impairment and Dementia: A Practical Guide to Daily Living for Family Caregivers
- Living in a Nursing Home-Quality of Life: *The Priorities of Older People with a Cognitive Impairment*
- Finding a Suitable Nursing Home for a Relative with Dementia: *A Guide for Family Caregivers to Placing a Relative with Dementia in a Nursing Home*
- Coping with the Early Stages of Dementia: *A Guide for People worried about Memory and Cognitive Problems or those recently Diagnosed with Dementia.*

Available from www.dementia.ie or alternatively by contacting

Dementia Services Information and Development Centre on 01-4162035

Specialist Care Units for people with Dementia in Ireland





DEMENTIA SERVICES
INFORMATION AND
DEVELOPMENT CENTRE

*promoting excellence
in dementia care*

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