

## Speakers



### Dr Tony Foley

Tony is a GP working in Kinsale, County Cork. He is a Lecturer in the Department of General Practice in UCC and is co-convenor of the MICGP clinical skills exam for the Irish College of General Practitioners (ICGP). Tony's interests include dementia in the primary care setting and interprofessional education in multidisciplinary teams.

He is Project Lead and PI for the PREPARED project (Primary Care Education, Pathways & Research of Dementia). PREPARED is a national primary care dementia initiative, which seeks to up-skill and support GPs and allied healthcare professionals in their delivery of integrated dementia care in the community.

Tony was an Adviser on the Working Group for the Irish National Dementia Strategy and has co-authored a dementia reference guide for the ICGP. He is currently pursuing an MD thesis, focusing on educational interventions in dementia care.



### Dr Aileen Lewis

Aileen is the Principal Specialist Clinical Psychologist on the Old Age Psychiatry Team based at St Vincent's University Hospital for almost 20 years. A graduate of both UCD and Queen's University Belfast (D.Clin.Psych) she has worked in the field of older adult mental health since qualification in 1991. Given that her primary degree before transferring into

psychology was in education (1984), teaching and psycho education is a fixture within her clinical practice. She developed and co-coordinated the 'Nursing Home Education Programme' within the service at St Vincent's in 2004.

This initiative resulted from an identified need within her clinical work and was awarded an Innovation prize within the hospital in that year. The programme ran for a number of years and its aim was to provide basic multi-disciplinary education into the mental health and psychological needs of older adults in institutional care where mental health training was scarce among staff and symptoms of dementia were frequently confused with mental health attributions.

A number of profession specific initiatives within the service have replaced the programme over time, and carer education is now largely on a 1:1 basis with carers referred in complex cases to Dr Lewis and her colleague Dr Deirdre McNally by team members. The focus of the work (constituting approx 1/3 of clinical caseload) is to preserve care at home through attention to historical dynamics in family and dyadic relationships, and to rebalance care to incorporate carer well-being.

## Speakers



### Dr Wilhelmina Hoffman

Dr. Wilhelmina Hoffman is a geriatrician, who has focussed for the last 35 years on dementia care, education and development. Headmaster at Stiftelsen Silviahemmet where she started work in 2004.

Stiftelsen Silviahemmet is a foundation established by Her Majesty Queen Silvia in 1996. Dr Hoffman has held the position of president of the government funded Swedish National Competence Centre, the Swedish Dementia Centre since 2008.



### Dr Kate Irving

Kate's doctoral thesis focused on the care of people with dementia in acute medical wards. For the last decade she has focused on research in the area of dementia prevention and early intervention. Kate is a member of the National Dementia Strategy Monitoring Group chaired by the Department of Health. Kate leads a clinical service called Memory

Works in DCU, committed to helping people make sense of their memory problems and finding positive responses to them.

Funded research projects include, IN MINDD (Innovative Midlife Intervention for Dementia Deterrence), Dem@care, Ambient Assisted Living for the promotion of independence in dementia, REMPAD, reminiscence therapy aided by intelligent multimedia search systems, SenseCam and cognitive stimulation therapy for early dementia care.

### Conference Chairs for the Day

**Dr Declan Byrne**, Consultant Physician in Geriatric and General Medicine.

**Mr Adrian Lewis**, Senior Occupational Therapist, St James's Hospital.

**Ms Sarah Mahon**, Senior Dementia Strategy Projects Manager, HSE.



# The DSIDC 2015 Annual Conference Thursday 19<sup>th</sup> November Education Generation

DEMENTIA SERVICES INFORMATION AND DEVELOPMENT CENTRE

*promoting excellence in dementia care*

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DEMENTIA SERVICES INFORMATION AND DEVELOPMENT CENTRE

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## Dear friends and colleagues

It is a great pleasure to welcome you once again to the Dementia Services Information and Development Centre's annual conference. This year we have a fantastic mix of national and international speakers hailing from as near as Dublin and Cork and as far away as Sweden and representing a number of disciplines including general practice, gerontology, nursing, psychology, academia and the voluntary sector. As an organisation the DSIDC has always aimed to reach all those who are involved in the sphere of dementia care and we hope, regardless of the setting that you work in - be it hospital, nursing home or community, that you find this year's conference enjoyable, stimulating and memorable.

Ten years ago, almost to the day, the DSIDC annual conference was held at the Gresham Hotel. The title of the conference was Creating a Culture of Education in Dementia Care and a decade on we thought it would be interesting to revisit the theme of education and to see how far we have come in that time. In another parallel to that 2005 conference we are delighted to welcome back our keynote speaker, Professor Bob Woods from Bangor University in Wales, who will be addressing staff training needs. Many of you will be familiar with Bob's work over the years especially in the area of evidence-based interventions such as Cognitive Stimulation Therapy. Also joining us from the UK is Daisy Robson. Daisy is the Youth Engagement Officer for the UK Alzheimer Society and is responsible for the development and distribution of resources aimed at younger people as well as developing links with youth organisations. More about which we will hear in Daisy's presentation!

From Europe we are delighted to welcome back another old friend of the DSIDC, Dr Wilhelmina Hoffman. Wilhelmina hails from Sweden where she is the President of the Swedish Dementia Centre and the Director of Stiftelsen Silviahemmet, a non-profit organization that endeavours to improve the lives of those living with dementia and their families.

The presenters from Ireland are split evenly between the counties of Cork and Dublin. Our guests from Cork are both physicians with a keen interest in dementia care. Dr Suzanne Timmons is both a geriatrician and a senior lecturer in UCC. She has a particular interest in the area of dementia in acute care settings. Her fellow Corkonian is Dr Tony Foley, a practicing GP from Kinsale who is also a lecturer in UCC. Tony's interests lie in dementia in the primary care setting and, in particular, GP education.

Our Dublin guests, from both the north and south of the city, are Dr Kate Irving and Dr Aideen Lewis. Many of you will know Kate through her extensive work at DCU including the Dementia Elevator project and the Dementia Champions course. Aideen is the Principal Clinical Psychologist at Carew House in St Vincent's University Hospital. Aideen has a background in education so teaching is in her blood and has formed an intrinsic part of her clinical practice.

I, along with my colleagues in the DSIDC, trust that you will enjoy today's programme and that you will gain new knowledge and insight that you can then take back to your workplaces to hopefully improve further the lives of people with a dementia in Ireland.

With best wishes,



Matthew Gibb  
Acting Director DSIDC

## Programme: Education Generation

From	To	Time	Title	Speaker	Chair
9.00	9.30	30	<b>Registration</b>		
9.30	9.40	10	Welcome & Introduction	Dr Declan Byrne	<b>Dr Declan Byrne</b>
9.40	10.20	40	Staff Training: Will we ever learn?	Professor Bob Woods	
10.20	11.00	40	Towards better dementia care across healthcare settings: focus on acute hospital care	Dr Suzanne Timmons	
11.00	11.20	20	<b>Tea / Coffee</b>		
11.20	12.00	40	Creating a dementia-friendly generation'	Ms Daisy Robson	<b>Mr Adrian Lewis</b>
12.00	12.40	40	Dementia Educational Interventions in Primary Care: What Works?	Dr Tony Foley	
12.40	13.00	20	Questions and Answers		
13.00	14.00	60	<b>Lunch</b>		
14.00	14.40	40	Carer Education: An Education in Self	Dr Aideen Lewis	<b>Ms Sarah Mahon</b>
14.40	15.20	40	Education for Quality of Life	Dr Wilhelmina Hoffman	
15.20	16.00	40	New Developments in the Dementia Skills Elevator	Dr Kate Irving	
16.00	16.10	10	Questions and Answers		
16.10	16.15	5	Conference Closing		

The conference has been awarded Category 1 approval by Nursing and Midwifery Board of Ireland and 6 NMBI Continuing Education Units.

## Speakers



### Professor Bob Woods

Bob Woods is Professor of Clinical Psychology of Older People at Bangor University, Wales where he is Director of the Dementia Services Development Centre Wales. His research has involved the systematic development of evidence-based psychosocial interventions for people with dementia and their care-givers, including cognitive stimulation and reminiscence approaches. He is an Alzheimer's Society Ambassador, a member of Alzheimer Europe's Expert Advisory Panel and a board member of INTERDEM, the European network on psychosocial research in dementia care.



### Dr Suzanne Timmons

Suzanne Timmons is a geriatrician in Cork, Senior Lecturer in the Centre for Gerontology and Rehabilitation, UCC, and Programme Coordinator for the MSc in Older Person Rehabilitation, UCC. Dr. Timmons has a special interest in health service research and quality improvement in the area of dementia care in acute hospitals. She was the co-lead for the Irish National Audit of Dementia (INAD) in 2013/2014, and the Northern Ireland Audit of Dementia (NIAD) in 2015.

Dr. Timmons is leading / supervising research projects into the prevalence, course and long-term outcomes of older people with dementia admitted to acute hospitals (Cork Dementia Study); the promotion of physical activity in older people in acute hospitals (APEP study); early delirium recognition/detection (Cork Delirium Studies), and is President Elect of the Irish Delirium Society. She is the lead for the Cork Integrated Dementia care Across Settings (Cork-IDEAS) project, a Genio/HSE-funded partnership between Mercy University Hospital and Cork community to develop an integrated dementia care pathway between the community and acute hospital.



### Ms Daisy Robson

Daisy Robson is the Youth Engagement Officer for the UK's leading dementia charity, Alzheimer's Society. Daisy is passionate about empowering communities to make positive change: whether in her native Scotland volunteering with her local Brownie pack; her adopted-homeland of Yorkshire where she managed Good Neighbours services for older people; or volunteering in Pune, India, raising awareness of HIV/AIDS prevention. Daisy coordinated the Dementia Friends awareness-raising movement across the North East of England, helping to reach over one million Dementia Friends.

Most recently, Daisy launched the Alzheimer's Society's four year partnership with the Scouts Association by appearing with Bear Grylls in a video about dementia. In her spare time, she serves on the Board of the York Library Service, leading on their Children & Young People advisory group.