



# DSIDC Education Programme 2020

## 1) Foundation in Dementia Care (1 day) No previous dementia education required

**Purpose:** To provide basic knowledge and understanding of dementia and to facilitate the development of skills in a person centred philosophy of care. This workshop is aimed at health care staff with no prior dementia training.

**Learning Outcomes** - At the end of this course the participants will be able to:

- List the main types of dementia and describe their general characteristics.
- Describe and discuss the implications of a person-centred philosophy of care.
- Understand the importance of life story work and activity-focused care.

**Dates for 2020** - 26<sup>th</sup> February - 20<sup>th</sup> May - 9<sup>th</sup> September - 18<sup>th</sup> November

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## 2) Responsive Behaviours (1 day)

**Purpose:** To provide a structured approach to meeting the needs of the person with behaviours which staff may find challenging.

**Learning outcomes** - At the end of this course, the participants will be able to:

- Discuss the concept of behaviours that challenge and
- Develop a structured approach to manage such behaviours.
- Relate how the social psychology of the care environment impacts on the quality of life of the person with dementia.

**Dates for 2020** - 4<sup>th</sup> March and 25<sup>th</sup> November

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## 3) Leadership in Dementia Care (1 day)

**Purpose:** To provide an introduction to the knowledge and skills for leading a service for people with dementia.

**Learning outcomes** - At the end of this course, the participants will be able to:

- Understand the potential of a leadership role in bringing about positive change
- Manage and develop themselves and their workforce within dementia care services
- Lead and manage services that respect, protect and promote the rights and abilities of people with dementia

**Dates for 2020** - 1<sup>st</sup> April

## 4) Lifestory and Activity in Dementia Care (2 days)

**Purpose:** To develop knowledge and skills to record life stories and design activities.

**Learning Outcomes** - At the end of this course the participants will be able to:

- Relate the importance of life story work and activities to quality of life
- Describe various ways of collecting life story information
- Explore the use of various types of activities
- Design and present an activity for a person with a dementia
- Debate the relevant ethical issues

**Dates for 2020** - 27<sup>th</sup> Mayday1 & 24<sup>th</sup> Juneday2 - 16<sup>th</sup> Septemberday1 & 14<sup>th</sup> Octoberdag2

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## 5) Understanding Dementia : Home Care Education Programme (2 days)

**Participant requirements:** This course is for staff working in home care services, home help, home care organisers, coordinators and managers. No previous dementia education required.

**Purpose:** To provide participants with a range of skills which allow them to best support the person with dementia in their care, and help them live well in their homes for longer.

**Learning Outcomes** - At the end of this course the participants will be able to:

- Build a relationship with people with dementia.
- Work within a team of people involved with a person with dementia while recognising the need for their own self care.
- Understand and respond to a range of emotions expressed throughout the dementia process and work with relationships in families and communities.
- Work through a process to help with difficult every day dilemmas they may face in their role.
- Support the person with dementia in meaningful activity at home and in the community.

**Dates for 2020** – 22<sup>nd</sup> Aprilday1 & 29<sup>th</sup> Aprilday2 – 4<sup>th</sup> Novemberday1 & 11<sup>th</sup> Novemberday2

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### Course Fees and Educational Requirements

Workshops held at the DSIDC commence at 9.00am until 4.00pm and are charged at €65.00pp per day. In the event of cancellation an administration charge of €20 will be deducted from any refunds. Training provided off site is charged at a flat fee of €780 per day and can be tailored to suit the needs of the organisation. Please contact the DSIDC for availability and cancellation charges. **Workshops 1, 2 & 3 carry \*NMBI Category 1 approval and 6 CEU points. Workshop 4 carries NMBI Category 1 approval and 12 CEU points.**

**We ask that participants have completed some basic dementia education prior to attending all workshops other than Workshops 1 and 5.**

\*Nursing and Midwifery Board of Ireland (NMBI)