

Memory Screening Services

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Aims of session

- Introduce principles and procedure behind the memory works initiative
- Describe the service use profile for the first year
- Provoke questions...

Memory Works

1. Motivation for memory works
2. Philosophy behind initiative
3. Processes involved

Motivation for memory works

- Early intervention is an espoused principle of all public policy on dementia care internationally
- Contrasting therapeutic nihilism in primary care (Woods *et al* 2003; Downs 2005, Iliffe *et al* 2005, Peterson *et al* 2005; Cahill *et al* 2008)
- To help people who believe they have a memory problem seek some clarity and get access to relevant information / services

Philosophy

- Recovery focus
- Screening
- Health promotion advice
- Networking with existing services
- Unrestricted access- self referral, means tested fee

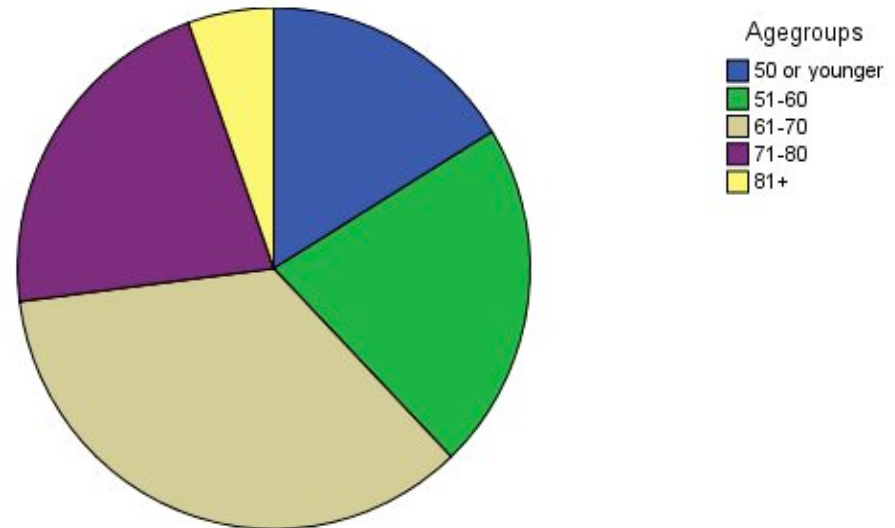
Process

- Clarify the purpose
- Short general interview including;
 - social circumstances / activities
 - neuro symptoms screen
 - life events
 - psychiatric history
 - sleep pattern
 - medical history
 - drug history
- Specific memory concern
- Geriatric Depression Score
- Mini-cog
- MMSE
- Discussion of outcome and plan / advice

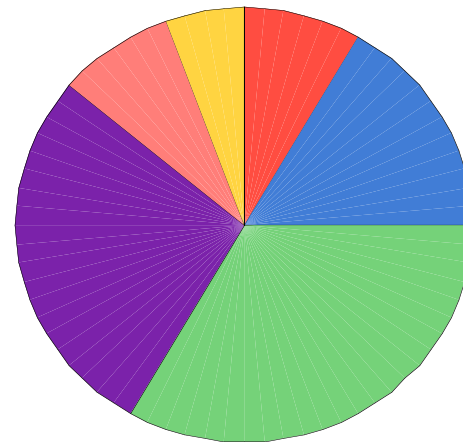
Numbers year 1

- 37 individuals in first year
- 15 male 22 Female
- 26 from Dublin 11 outside county
- 31 self referred

- Age groups



Onset of memory problems

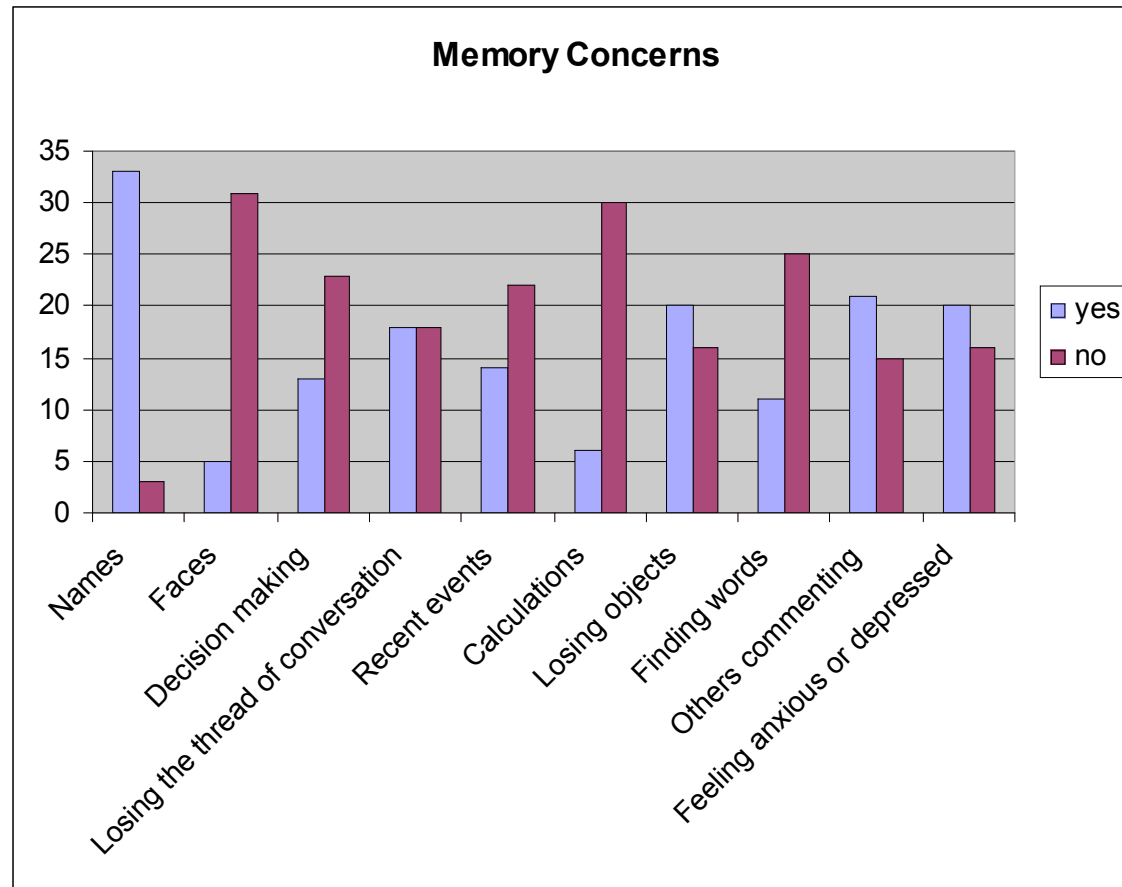


Onset of memory problem (months)

- last 6 months
- Last year
- Last 2 years
- Last 5 years
- more than 5 years
- always

Pies show counts

Specific concern



MMSE / Mini-cog

- Used 27 as cut off and / or abnormal CDT plus clinical judgement
- MMSE Range 19-30
- Poor correlation between tests
- In some cases GP's had made diagnoses but had not discussed this with person / family

Positive Screens

- 11 positive dementia screens
- 7 positive screens for other psychological problems – stress, anxiety or depression
- All had previously visited GP with memory concerns
- 6 now have a diagnosis of dementia
- 3 now have a diagnosis of MCI
- 2 Awaiting appt
- 1 Unknown

Provocative questions raised

- Worried well
- Ethics of screening for dementia
- Fragmentation of already complex services
- Follow up after positive diagnosis