



DEMENTIA SERVICES INFORMATION AND DEVELOPMENT CENTRE
promoting excellence in dementia care

Dr Suzanne Cahill



Living with Dementia

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& School of Social Work and Social Policy

Trinity College Dublin

April 29th 2010

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Acknowledgements



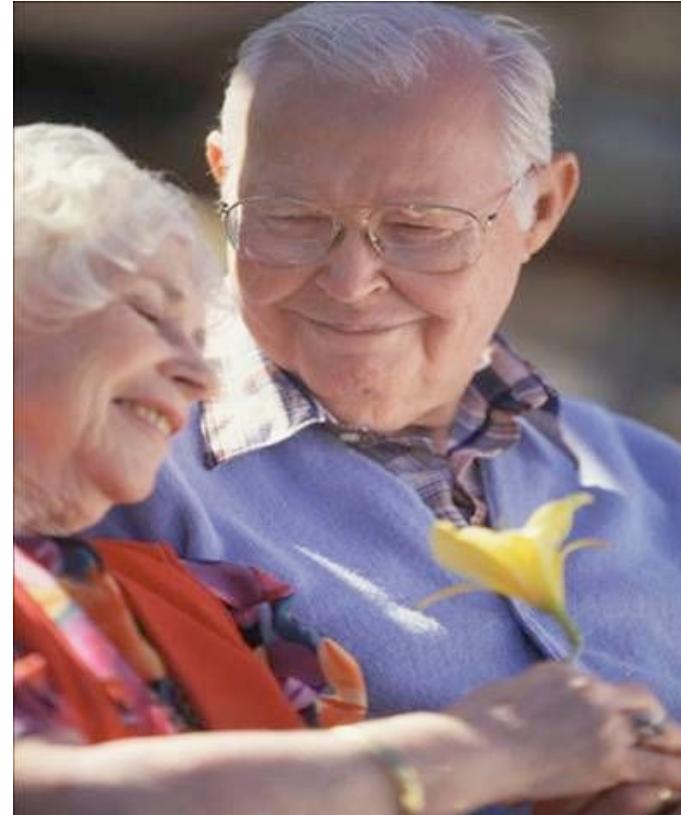
School
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The
ATLANTIC
Philanthropies

Overview

- Aims (LiD)
- Progress to date
- Future challenges
- Summary



Introduction

- Magnitude of dementia
- Treatments
- Need for evidence-base





**Table 2: Estimated Number of People with Dementia in Ireland from 2002 and 2006 Census
as per EURODEM prevalence rates**

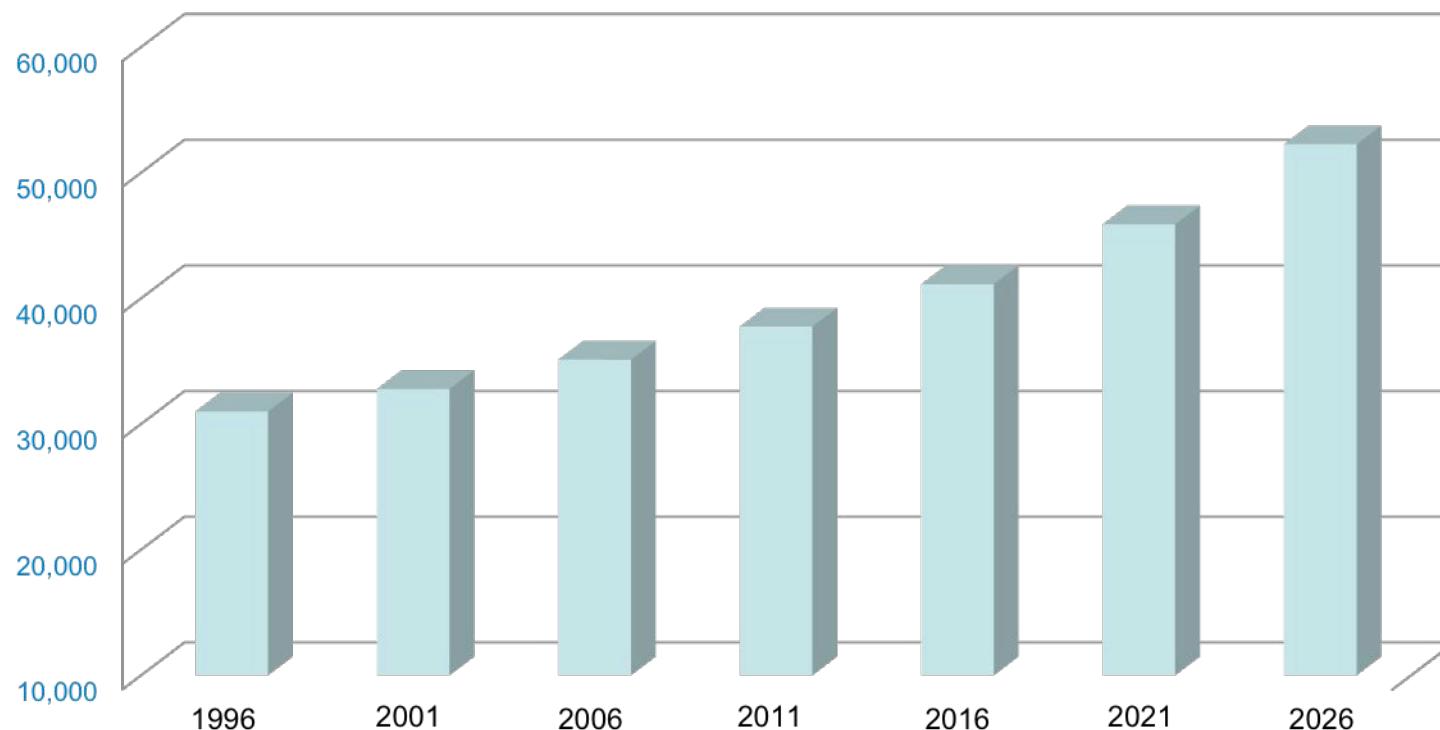
Age category	Males	Females	Males	Females	Males	Females	Persons	Males	Females	Persons
	Census 2002	Census 2002	Census 2006	Census 2006	with dementia 2002	with dementia 2002	with dementia 2002	Census 2006	Census 2006	Census 2006
30-59	773421	771706	869212	850724	1547	772	2319	1738	851	2589
60-64	77559	76693	91561	90166	1241	383	1624	1465	451	1916
65-69	65290	68184	70895	72501	1436	750	2186	1560	798	2357
70-74	51719	60410	56540	62612	2379	2356	4735	2601	2442	5043
75-79	37377	52438	40121	52345	1869	3513	5382	2006	3507	5513
80-84	22283	36574	24694	40190	2696	4937	7633	2988	5426	8414
85-89	9444	20185	11021	22281	1747	4602	6349	2039	5080	7119
90+	3042	9055	3824	10902	970	3088	4058	1216	3718	4934
Total					13885	20401	34,286	15,613	22,271	37,884

Source: Ponce, 2008, adapted from O'Shea, Census of Population 2002 for 2006 Census by EURODEM prevalence rates.

Prevalence of Dementia in Ireland 1996 to 2026



Prevalence of Dementia in Ireland 1996-2026



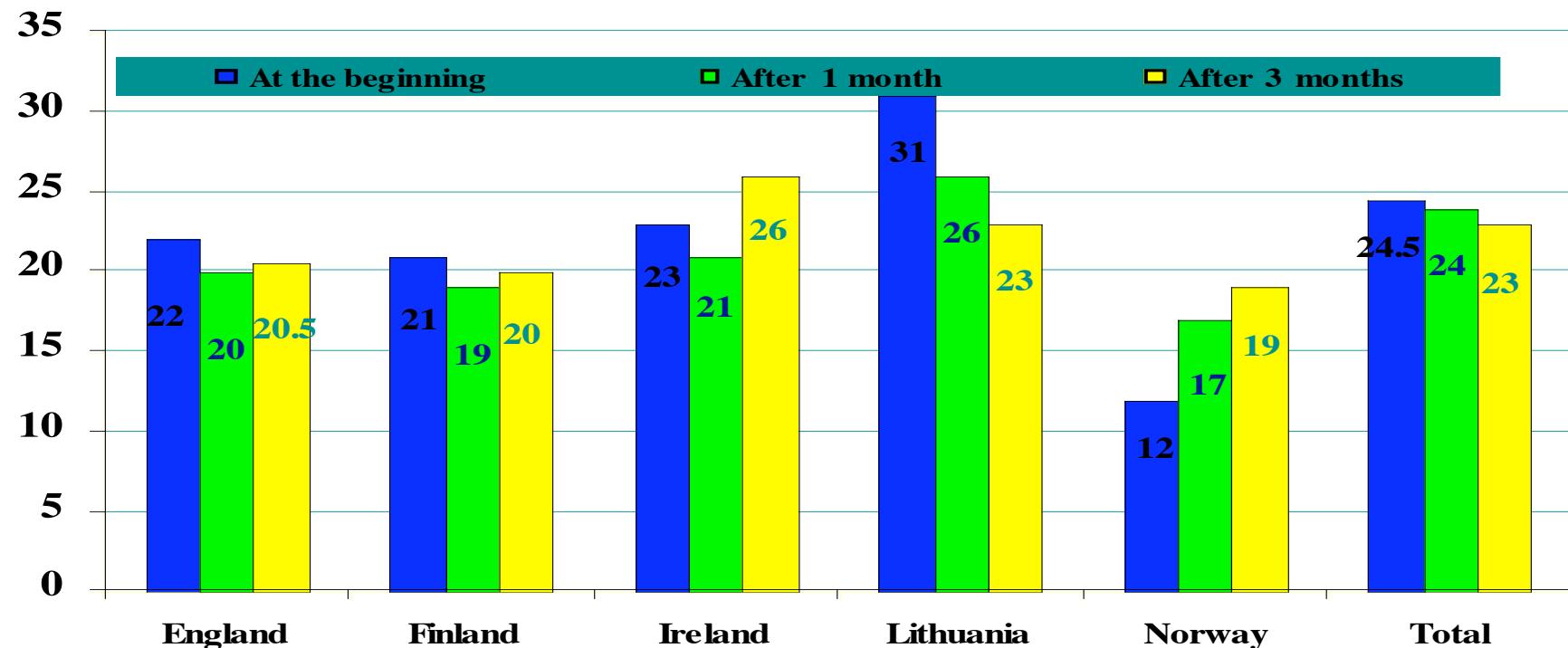
(O'Shea & O'Reilly, APD, 1999)

Stated objective of government policy for people with dementia is to facilitate their continued living at home for as long as possible and practicable



(The Years Ahead, 1988, Shaping a Healthier Future, 1994, A Review of the Years Ahead, 1997, Action Plan on Dementia, 1999, a National Health Strategy, 2001, Dementia Manifesto, 2007)

Caregiver Burden across 5 European Countries at three points in time (ENABLE, 2004)



(Macijauskience, J. et al, 2004)



1



2



There is a need for:

“The development of co-ordinated, multi-layered and well resourced dementia services’ which provide person-centred care and maximise individual autonomy and independence”

and for

“The development of new and expanded psychosocial approaches to complement existing medical and neurological models of service delivery the community.” (O’Shea & O'Reilly, 1999)



“In reality, we need to know a great deal more about the effectiveness of psycho-social methods” (Woods & Bird, 1999)



WHAT LID SET OUT TO ACHIEVE



- Develop a programme of psycho-social research in dementia through a research agenda that includes the training of Masters and PhD students
- Raise public awareness about Alzheimer's Disease and contribute to policy debates
- Create partnerships between practice settings and research and training centres such as the DSIDC and Trinity College
- Help to change public and professional attitudes and practice in dementia care and ultimately improve quality of life
- Tackle the marginalization of people with dementia and overcome widespread misconceptions about AD and the related dementias



Dementia and Cognitive Impairment in Dublin Based Nursing Homes



- Majority of residents had a cognitive impairment
- Only one third however had a clinical diagnosis of dementia
- Dementia was not a major reason for nursing home admission
- Directors of Nursing tended to underestimate the severity of cognitive impairment in residents

Cahill, S, Diaz-Ponce, A, Coen, RF & Walsh, C, The Under-detection of cognitive impairment in Nursing Homes in the Dublin area. The need for on-going cognitive assessment. *Age and Ageing*, 38(1), 2010

Quality of Life for Residents with a Cognitive Impairment in Long Term Care

Factors promoting a good quality of life:

- Social Connection
- Activities
- Physical environment





Is there anything that can be done to improve your life in this nursing home?



“Somebody to bring me out and back occasionally and if it isn’t too cold to see the seafront” (Female, 90, MMSE 23)

“If I could get someone to bring me over to the bingo on a Monday night. I used to go there three times a week. Now I have no one belonging to me. They are all dead” (Female 81, MMSE 18)

“Well I don’t do anything here. I’d like to do some kind of activities. I’d like something to do. There don’t seem to be any activities of any kind” (Female 80, MMSE 12)

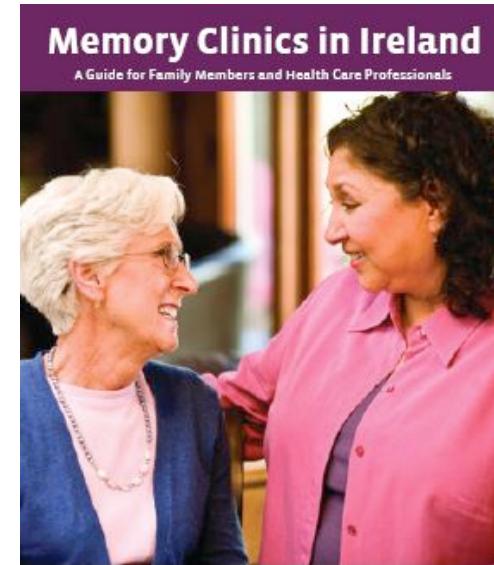
**“Yes get rid of the straps, the chains
around you, that’s about all”
(Male, 80, MMSE 4)**





Memory Clinics in Ireland: A Guide for Family Members and Health Service Professionals

- Paucity of services
- Inequities in the provision of Services
- Differences in Multi-Disciplinary team composition
- Need for more resources to be put into these services



Compiled by Suzanne Cahill and Laura Maher in association with the Living with Dementia (LwD) Programme, School of Social Work and Social Policy, Trinity College Dublin and the Dementia Service Information and Development Centre (DSIDC), St James' Hospital, Dublin.

The Development of an End of Life Care Standard for People with End Stage Dementia



- Aim: To contribute to improving quality of life for people with end stage dementia living in residential care settings in Ireland. This is being done by investigating the experiences of elderly spouses whose relatives have recently died in nursing homes and using data collected to develop an all Ireland draft standard for quality care in end stage dementia and disseminating this draft standard to a multidisciplinary group of experts for their endorsement
- CARDI funded project – aiming to increase the capacity for all Ireland research



Other Progress to Date:

- PhD Awards
- Graduated Masters students
- Hosted European Meeting
- Seminars



Post Research Students

- Experiences of older people with dementia and their family caregivers of relocating to a Specialist Care Unit
- An exploratory study into the use of Reminiscence Therapy amongst people with dementia and their caregivers
- Family care meeting and patient participation in hospital discharge planning
- Anti-Dementia drugs and Quality of Life: The views of people with dementia, their family caregivers and health service professionals
- “My own front door”: The expectations and experience of key stakeholders regarding the role of supported sheltered housing for older people with dementia in Ireland



Other Progress to Date:

- Work presented at national, European and international meetings
- Publications (3) and 3 forthcoming
- Networking
- Website





Living With Dementia

School of Social Work and Social Policy,



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Do You know?

Good solutions are built on good evidence. Become a researcher and help build this evidence. Make a difference and help people with dementia and their Caregivers.

Our Research

We host quarterly seminars inviting national and international experts in the area of Dementia care research. [click here to view our research](#)

Seminar Series

We host quarterly seminars inviting national and international experts in the area of Dementia care research. [click here to view a list of our seminars](#)

Our Team

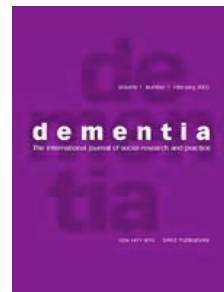
We are a small but committed team dedicated to best practice in dementia care. [click here to read more about our staff](#)

lwd@tcd.ie

Last Updated: Nov 3rd 2008



Publications



Living in a Nursing Home



Quality of Life
The Priorities of Older People
with a Cognitive Impairment

Compiled by Suzanne Cahill PhD and Ana Diaz

in association with
Dementia Services Information and Development Centre

NHI  



Memory Clinics in Ireland
A Guide for Family Members and Health Care Professionals



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(DIDC), St James's Hospital, Dublin





Next steps:

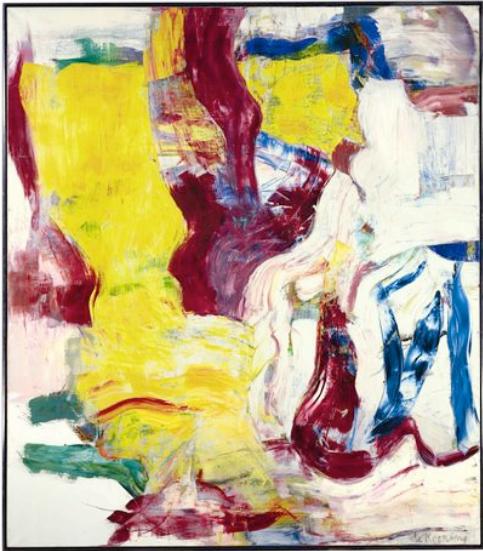
- Evaluation
- More seminars
- More publications
- Capacity building



Challenges:

- Media strategy
- Reaching wider audience
- Policy changes





Willem de Kooning, Untitled I, 1981.



Willem de Kooning, Excavation, 1950.



Marius Bernon





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