



Diagnostic Debates in General Practice: PREPARED for Action

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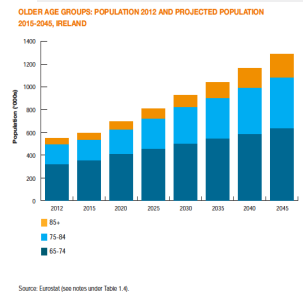
Today's Talk

1. The view from Irish General Practice
1. Debates around diagnosis of dementia in General Practice
2. Barriers & facilitators to diagnosis
1. PREPARED – Primary Care Education, Pathways & Research of Dementia



Dementia Trends Revisited

OLDER AGE GROUPS: POPULATION 2012 AND PROJECTED POPULATION 2015-2045, IRELAND




The Numbers
Increasing from 47,000 to 140,000 by 2041

The Impact
> Stroke, CVS Disease and Cancer

The Cost
Currently €1.69 Billion/Annum

Source: Estimated data under Table 1.6



The Response

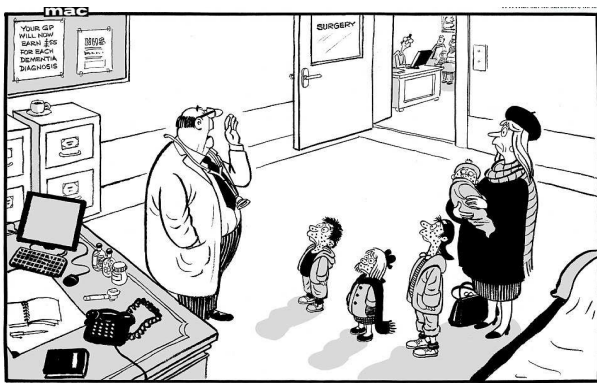
G8 Dementia Summit
11 December 2013
Lancaster House, London
Watch live here from 0900 GMT
Follow @drgenouk and #G8dementia on Twitter

Global action against dementia




CREATING EXCELLENCE IN DEMENTIA CARE
A Research Review for Ireland's National Dementia Strategy
Suzanne Cahill, Eamon O'Shea & Maria Pierce

THE IRISH NATIONAL DEMENTIA STRATEGY

'Nurse. Another four tragic cases of dementia – NEXT!'



The Case-Finding Debate

the guardian

"Doctors told to improve dementia diagnosis rates"

THE TIMES

"Dementia clinics are swamped by worried well"

RCGP
Royal College of General Practitioners

"Unfortunately it has got to the stage where we are criticised if we do refer to specialist services – and criticised if we don't".



Early Diagnosis – The Debate


Hazards	Benefits
<ul style="list-style-type: none"> False diagnosis Under-treatment of depression MCI may remain stable Anxiety Stigmatization Overloading services Diversion of essential resources 	<ul style="list-style-type: none"> Planning for the future Involvement of support organisations Relief of psychological distress experienced by caregivers Modify risk factors & lifestyle Rationalise medications Cholinesterase inhibitors

Le Couteur DG, Doust J, Creasey H, Brayne C. Political drive to screen for pre-dementia: not evidence based and ignores the harms of diagnosis. *BMJ*. 2013;347:f5125

Prince M, Bryce R, Ferri C. World Alzheimer report 2011. The benefits of early diagnosis and intervention. www.alz.co.uk/worldreport2011.

Iliffe S, Manthorpe J. The hazards of early recognition of dementia: Iliffe S, Manthorpe J. The hazards of early recognition of dementia: a risk assessment. *Aging and Mental Health*. 2004;8(2):99-105


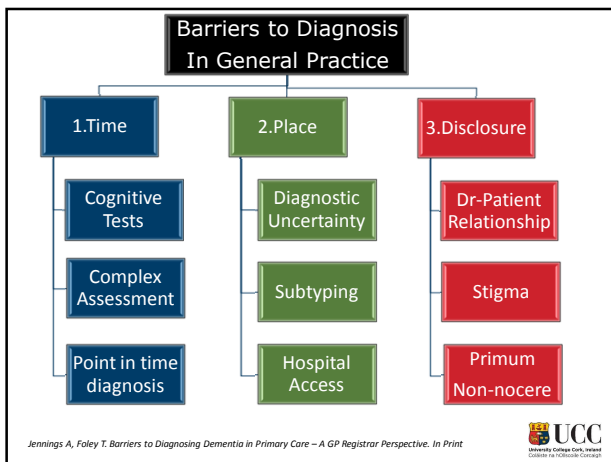
Bamford, C. et al. 2004. Disclosing A Diagnosis Of Dementia: A Systematic Review. *International Journal Of Geriatric Psychiatry*, 19, 151-69



However... The Context in Irish General Practice

- Average list approx. 2,000 patients
- 2 new patients with dementia/yr
- 12-15 patients with dementia/GP
- Increasing Chronic Disease Management in General Practice
- No Chronic Disease Management Structures
- The 10 Minute Consultation


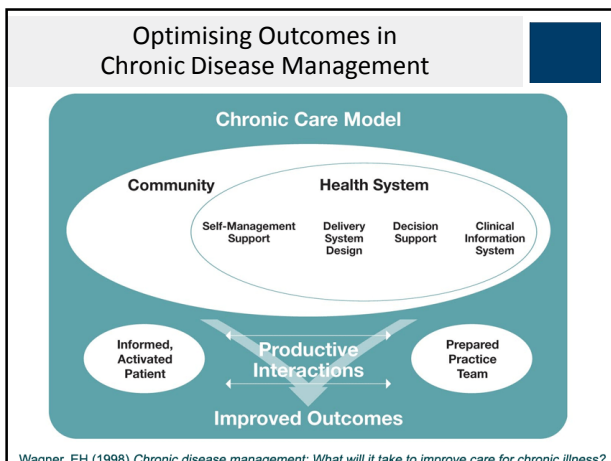
Quality In Practice Committee, ICGP. Dementia Diagnosis and Management in General Practice. ICGP 2014

Barriers to Diagnosis in General Practice

- Diagnostic uncertainty
- Disclosure anxiety
- Time
- Financial constraints
- Stigma
- Lack of support services
- Lack of knowledge about care pathway

Koch T, Iliffe S. Rapid appraisal of barriers to the diagnosis and management of patients with dementia in primary care: systematic review. *BMC Family Practice*. 2010;11:

Learning From The Chronic Care Model: Integrated Care Pathways

Prepared Proactive PCT


- IT Systems
- Dementia Registers
- Decision Support Software

Delivery System Design

- Access to Diagnostics
- Memory Clinics
- Clear Referral Pathways
- Locally Bespoke

Community

- Accessible Supports
- Flexible Homecare




PREPARED

Primary Care Education, Pathways & Research of Dementia












Key Activities

1. Learning Needs Assessment:
1. Intervention:
 - Education
 - Integrated Care Pathways
3. Research:




1. Learning Need Assessment (& Unknown Unknowns)



There are known knowns. These are things we know that we know. There are known unknowns. That is to say, there are things that we know we don't know. But there are also unknown unknowns. There are things we don't know we don't know.

(Donald Rumsfeld)



izquotes.com


2. Intervention

Educational	Care Pathways
<ul style="list-style-type: none"> • Multidisciplinary • Interprofessional • Collaboration with other professional bodies • Face-to-Face & E-learning • Quality of Care Measures • Audit 	

3. Research

- What works, What Doesn't & Why
- Qualitative
- Quantitative
- Collaboration with DCU



Thanks

