

Speakers



Dr Justin Kinsella

Justin is a consultant neurologist appointed in 2015 at St Vincent's University Hospital. He spent a year as a Neurology Specialist Registrar at the National Hospital for Neurology and Neurosurgery at Queen Square, London before moving to the Dementia Research Centre, also at Queen Square, where he spent a year as a Clinical Trials Fellow in dementia under the supervision of Dr Cath Mummery, Consultant Neurologist.



Dr Clodagh Power

Dr Clodagh Power graduated from Trinity College Dublin in 2008. After completing her medical BST she began training in Psychiatry with the TCD Deanery. She is currently completing a 2 year clinical and research fellowship with the MIRA Memory Clinic. She is due to return to psychiatry training in July and hopes, eventually, to complete dual higher specialist training in Old Age and General Adult Psychiatry.

Speakers



Dr Cliona Ni Cheallaigh

Cliona Ni Cheallaigh is an Infectious Diseases and Internal Medicine Physician in St James's Hospital and Assistant Professor in Medical Gerontology. Her clinical and research interests centre around the health of multiply excluded individuals: homeless people, injecting drug users and other marginalised groups. She has established an Inclusion Medicine service within St James's Hospital to provide integrated, active case management-based care to these individuals in the hospital and in outreach clinics to addiction services.

Her research seeks to look at the effect of the extreme psycho-social stress experienced by multiply excluded individuals on three levels: the cellular/immune activating consequences of this stress; the effect of this stress on health, particularly frailty and brain health; and finally on health services adaptation to meet the needs of this population.



Dr Mircea Balasa

Mircea Balasa is a cognitive neurologist with a medical degree from Lérida University in Spain. He is currently working at the Alzheimer's Unit at Hospital Clinic of Barcelona, where he served as Chief Resident in Neurology. Balasa received the Emili Letang Award in 2010, at the close of his residency.

He has a PhD degree in medicine and has completed a fellowship, both with an emphasis in dementia. Mircea is an Atlantic Fellow at the Global Brain Health Initiative, Trinity College Dublin.

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Prof Ken Wilson

Professor Ken Wilson has spent much of his working life in the research into depression in older people. Clinically, he has been involved in working with people under the age of 65 suffering from dementia. This field of expertise provided a springboard for the development of services for people with alcohol related brain damage (ARBD). Apart from running a small NHS team that specialises in the management and cognitive/behavioral rehabilitation of people with ARBD, he also works with community alcohol treatment services in the recognition and adaptation of services to cater for people with less severe cognitive damage. Prof Wilson was lead editor in developing the National Guidelines for the management of Alcohol Related Brain Damage (RCPSych CR185).



Prof Julie Snowden

Julie Snowden is consultant neuropsychologist in the Cerebral Function Unit, Greater Manchester Neuroscience Centre, Salford Royal NHS Foundation Trust. She is also honorary Professor of Neuropsychology in the University of Manchester. She has contributed to the clinical recognition and characterisation of frontotemporal dementia and related disorders, and her research group has been involved in the discovery of three genes linked to frontotemporal dementia. She is currently President of the British Neuropsychological Society and is on the Board of Directors of the International Society for Frontotemporal dementias. She has published more than 200 journal articles and book chapters relating to dementia.

7 MEMORY CLINIC CONFERENCE

Dublin 16th June 2017



Welcome



Professor Brian Lawlor,
Director of the MIRA Memory Clinic



It is a great pleasure to welcome you all to our 7th Memory Clinic Conference co-hosted by DSIDC and Mercer's Institute for Successful Ageing. This year's conference theme is 'The difficult to diagnose dementias'. Many cases of dementia can be hard to diagnose, particularly in the face of co-morbidities and where there are behavioural and personality changes and an overlap with psychiatric illness. The multidisciplinary, multi-professional approach of a Memory Clinic has much to offer in this regard as it can provide access to different specialties, imaging modalities and biomarker testing that can be helpful and informative in these challenging situations. While the Memory Clinic Network is growing throughout Ireland and there are many committed clinicians providing a great service from within existing resources, we need strategic thinking and forward planning if we are to develop the best assessment service for our patients. The National Dementia Strategy quite rightly puts emphasis on the training, education and upskilling of GPs in dementia diagnosis and management; however, GPs still need the support of secondary care specialists and tertiary care Memory Clinic services for confirmation of the diagnosis of dementia particularly in the more complex and atypical cases. It would be both impractical and financially unviable to have a Memory Clinic in every town. However, I would argue that a regional network of Memory Clinics that have the appropriate staffing, neuropsychological expertise and imaging modalities and that links back to a primary care system with the right support services in place, including the full array of allied health professionals, would go a long way to fill the current gaps in access and care.

This conference will deal with the assessment and management of the difficult to diagnose cases, the very cases that warrant specialist assessment in our Memory Clinics. We will hear the latest information on fronto-temporal dementia from Professor Tim Lynch and Dr Ted Huey. Professor Julie Snowden will be exploring the difficulties in diagnosing and managing semantic dementia. We will also learn about the sometimes controversial area of alcoholic dementia from Professor Ken Wilson. Dr Justin Kinsella will discuss the topic of genetic Alzheimer's disease, a subject that families are often concerned about. Dr Clíona Ní Cheallaigh and Dr Mircea Balasa will speak on dementia in the homeless community and CSF biomarkers to support AD diagnosis respectively and Dr. Clodagh Power will review the relatively new concept of behavioural variant phenocopies.

This conference is an opportunity to learn something new about dementia but most importantly to renew old acquaintances, make new friends and colleagues and to grow and develop our Memory Clinics network. We hope to have the Healthlink national standardised electronic referral form for Memory Clinics up and running over the next number of months and trial a new Memory Clinic teleconferencing initiative later this year. There's lots happening in the Memory Clinics space and let's continue to build out our network!

Professor Brian Lawlor

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Session 1



8.45 Registration

9.25 Welcome

9.30 Professor Tim Lynch & Dr Ted Huey

10.20 Dr Justin Kinsella

Session 2



11.00 Refreshments

11.30 Dr Clodagh Power

12.10 Professor Julie Snowden

Lunch

Session 3



14.00 Professor Ken Wilson

14.40 Dr Clíona Ní Cheallaigh

15.20 Dr Mircea Balasa

Finish

Conference Chairs



**Professor Brian Lawlor
Dr Caitriona Crowe
Dr Kevin McCarroll**

Speakers



Prof Tim Lynch

Dr Timothy Lynch qualified from the Royal College of Surgeons Ireland in 1984 and completed a Bsc Pharmacology in 1986 at University College Dublin (UCD). He was appointed as Assistant Professor of Neurology at Columbia University and Head of the Neurogenetics Laboratory in 1995. Dr Lynch was appointed Consultant Neurologist Mater Misericordiae University Hospital and Beaumont Hospital in 1998. He was appointed Adjunct Professor of Neurology University College Dublin in 2008 and in the same year he also opened the Dublin Neurological Institute at the Mater Misericordiae University Hospital (www.neurologicalinstitute.ie).

Dr Lynch has published over 250 research articles in the fields of Parkinson's disease & other Movement Disorders, movement control, multiple sclerosis, CNS infections including Whipple's disease, neurodegeneration including frontotemporal dementia, genetics of Parkinson's disease, parkinsonism and motor neuron disease. He has raised over €7 million from grant funding, charity fundraising, and philanthropy. The DNI is now a centre of excellence in clinical neuroscience providing care to over 5,000 patients per year many of whom partake in research studies including drug discovery research in neurodegeneration.



Dr Edward Huey

Edward (Ted) Huey, M.D. is an Assistant Professor of Psychiatry and Neurology at Columbia University College of Physicians and Surgeons (New York, NY), in the Departments of Psychiatry (Division of Geriatric Psychiatry) and Neurology (Division of Aging and Dementia), the Taub Institute for Research on Alzheimer's Disease and the Aging Brain, and the Gertrude H. Sergievsky Center. Dr Huey studied psychology in Yale University and received his medical degree from the Stanford University School of Medicine in 1999. He completed an internship and a residency in Adult Psychiatry at the Stanford University Medical Center in Stanford, California and was elected chief resident for the program in his final year.

He was an Assistant Clinical Investigator in the Cognitive Neuroscience Section of the National Institute of Neurological Disorders and Stroke in the National Institutes of Health in Bethesda, MD. He was then the Director of Clinical Science of the Litwin-Zucker Research Center for the Study of Alzheimer's Disease and Memory Disorders of the Feinstein Institute, North-Shore / Long Island Jewish Medical Center. He joined the Columbia University faculty in 2010.

